

PROGRAM DOMAINS



General Interest & Skills

Community Development



Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 After School Drop In 9-14 3:30PM ●	2 Seniors Chair Yoga 10 AM ● Postnatal Wellness 10 AM ● Nature Play 10 AM ● After School Drop In 3:30PM ●	3 Steps & Sips Walking Group ● 9:30 AM Discovery Cove Tot Swim ● 12PM	4
5 Seniors Week From The 6th-12th	6 After School Drop In 9-14 3:30PM ● Free Seniors Aquafit 10:45AM ●	7 Romp & Rhyme 12 PM ● Willmore Walking Group ● 7PM	8 After School Drop In 9-14 3:30PM ●	9 Seniors Pancake Breakfast 9 AM ● Seniors Chair Yoga 10 AM ● Postnatal Wellness 10 AM ● Nature Play 10 AM ● After School Drop In 3:30PM ●	10 Steps & Sips Walking Group ● 9:30 AM Discovery Cove Tot Swim ● 12PM Roller Skating Night 5PM ●	11 Art In The Park (1980s) ● 1PM
12 Baby Sitting Course 9AM ● Registration For Girls And Boys In Motion Opens	13 After School Drop In 9-14 3:30PM ●	14 Romp & Rhyme 12 PM ● Willmore Walking Group ● 7PM	15 After School Drop In 9-14 3:30PM ●	16 Seniors Chair Yoga 10 AM ● Postnatal Wellness 10 AM ● Nature Play 10 AM ● After School Drop In 3:30PM ●	17 Steps & Sips Walking Group ● 9:30 AM Discovery Cove Tot Swim ● 12PM	18 Eddies Big Run 9AM ●
19 Happy fathers Day!!!! 	20 After School Drop In 9-14 3:30PM ●	21 Romp & Rhyme 12PM ● Willmore Walking Group ● 7PM	22 After School Drop In 9-14 3:30PM ●	23 Seniors Chair Yoga 10 AM ● Postnatal Wellness 10 AM ● Nature Play 10 AM ● After School Drop In 3:30PM ●	24 Steps & Sips Walking Group ● 9:30 AM Discovery Cove Tot Swim ● 12PM Pool Party 5:30Pm ●	25
26 	27 After School Drop In 9-14 3:30PM ●	28 Romp & Rhyme 12PM ● Willmore Walking Group ● 7PM	29 After School Drop In 9-14 3:30PM ●	30 Seniors Chair Yoga 10 AM ● Postnatal Wellness 10 AM ● Nature Play 10 AM ● After School Drop In 3:30PM ●	Stay Tuned for Canada Day Updates! Edson.ca/Canada 	



HIGHLIGHT:

Visit Edson.ca/CDprograms for information & registration

- Canada Day July 1st
- Sweet Riders July 12th-17th

