

**PROGRAM DOMAINS**



General Interest & Skills


Community Development

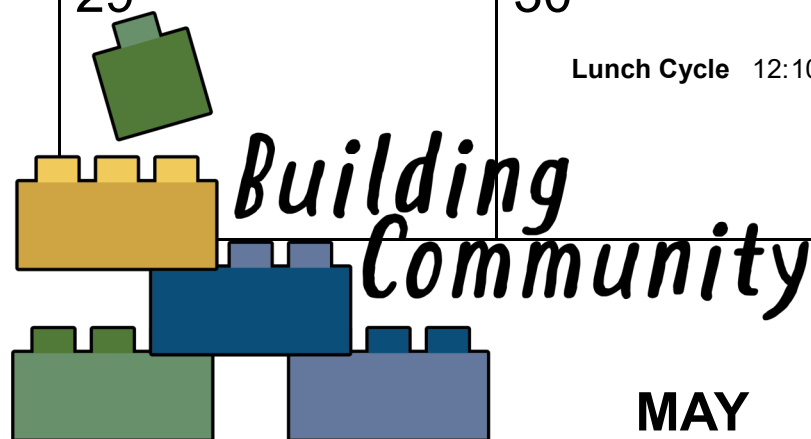


Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Lunch Cycle 12:10PM ●	3 Romp & Rhyme 1 PM ● Willmore Walking Group 7PM ● Fit 4 Life Outdoors 7PM ●	4 Lunch Cycle 12:10PM ●	5 Postnatal Wellness 10 AM ● Nature Play 10 AM ● Senior Social- Chair Yoga 10 AM ● Fit 4 Life Outdoors 7PM ●	6 Free Cookie for Youth 11AM ● Discovery Cove Tot Swim 12PM ● Parent & Tot Fitness 10:30 AM ● Fit 4 Life Outdoors 7PM ● Steps and Sips 9:30AM ●	7 Salsa Night 7PM ●
8	9 Lunch Cycle 12:10PM ●	10 Romp & Rhyme 1PM ● Willmore Walking Group 7PM ● Fit 4 Life Outdoors 7PM ●	11 Lunch Cycle 12:10PM ●	12 Postnatal Wellness 10 AM ● Nature Play 10 AM ● Senior Social- Chair Yoga 10 AM ● Fit 4 Life Outdoors 7PM ●	13 Discovery Cove Tot Swim 12PM ● Parent & Tot Fitness 10:30 AM ● Fit 4 Life Outdoors 7PM ● Steps and Sips 9:30AM ●	14 Babysitting Course 9AM ●
15 	16 Lunch Cycle 12:10PM ● June Babysitters Course- Registration opens ●	17 Romp & Rhyme 1 PM ● Willmore Walking Group 7PM ● Fit 4 Life Outdoors 7PM ●	18 Lunch Cycle 12:10PM ●	19 Postnatal Wellness 10 AM ● Nature Play 10 AM ● Senior Social- Chair Yoga 10 AM ● Fit 4 Life Outdoors 7PM ●	20 Discovery Cove Tot Swim 12PM ● Parent & Tot Fitness 10:30 AM ● Fit 4 Life Outdoors 7PM ● Steps and Sips 9:30AM ●	21
22	23 VICTORIA DAY—CLOSED	24 Romp & Rhyme 1 PM ● Willmore Walking Group 7PM ● Fit 4 Life Outdoors 7PM ●	25 Lunch Cycle 12:10PM ●	26 Postnatal Wellness 10 AM ● Nature Play 10 AM ● Senior Social- Chair Yoga 10 AM ● Fit 4 Life Outdoors 7PM ●	27 Discovery Cove Tot Swim 12PM ● Parent & Tot Fitness 10:30 AM ● Fit 4 Life Outdoors 7PM ● Steps and Sips 9:30AM ●	28
29	30 Lunch Cycle 12:10PM ●	31 Romp & Rhyme 1 PM ● Willmore Walking Group 7PM ● Fit 4 Life Outdoors 7PM ●				



MAY

**HIGHLIGHT:**

Visit [Edson.ca/CDprograms](http://Edson.ca/CDprograms) for information & registration  
 • Eddie's Big Run- June 18- Edson.ca