

PROGRAM DOMAINS



General Interest & Skills

Community Development

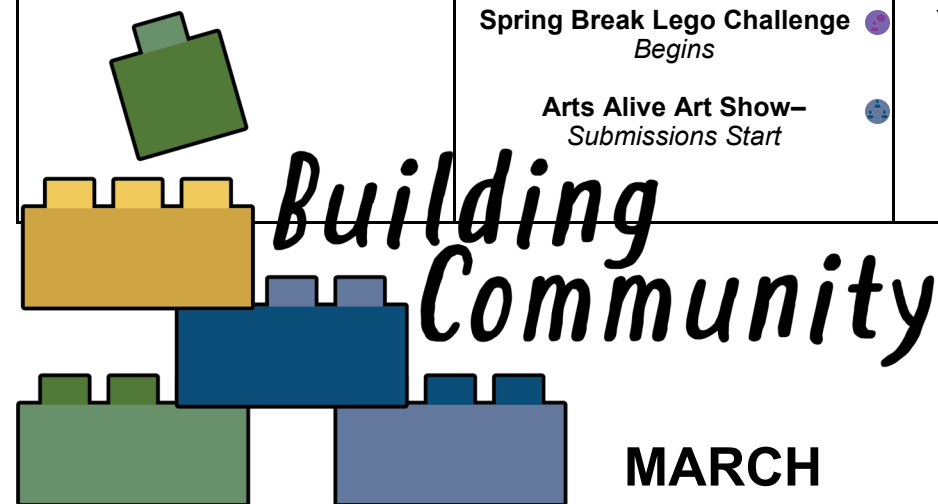


Health & Wellness



Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Community Volunteer Income Tax Program Open Romp & Rhyme 9 AM	2 Senior Connection Kit Sign-up	3 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM	4 Senior Social - Walking Group 9 :30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	5
6	7	8 Romp & Rhyme 9 AM Tai Chi—Begins 1:30 PM & 5 PM Zumba Gold—Begins 9 AM & 7 PM	9	10 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM	11 Senior Social - Walking Group 9 :30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	12
13	14	15 Romp & Rhyme 9 AM Senior Connection Kit Deadline	16 Rural Mental Health Project Community Conversation 12 PM	17 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM	18 Senior Social - Walking Group 9 :30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	19 Dad-urday 1 PM Mom's Night Out 7 PM
20	21	22 Romp & Rhyme 9 AM	22	24 Postnatal Wellness 10 AM Senior Social- Chair Yoga 10 AM	25 Senior Social - Walking Group 9 :30 AM Parent & Tot Fitness 10:30 AM Discovery Cove Tot Swim 12PM	26 Eat Your Yard 1 PM
27 	28 Spring Break Lego Challenge Begins Arts Alive Art Show- Submissions Start	29 YIA Free Youth Glow Bowling 1 PM	30	31 Senior Social- Chair Yoga 10 AM YIA Adventure Day 9 AM	1 Spring Break Lego Challenge Final Day	



HIGHLIGHT:

- Visit Edson.ca/CDprograms for information & registration
- Eddie's Big Run- June 18 Register @ Edson.ca
 - Canadian Fire Arms Safety- May 7 and 8
 - Girls in Motion- Full