

**PROGRAM DOMAINS**




General Interest & Skills

Community Development



Health & Wellness

Social Connection

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Halloween Haunt House Decorating Contest—Winner Announced	2 Romp & Rhyme 9 AM Nature Play 1:30 PM Caregiver Support Begins 4 PM	3 Triple P Fear-Less Begins Senior Connection Kit Registration	4 Understanding Dementia 10 AM Trash to Treasure 7 PM	5 Senior Social– Walking Group 9 AM to 11 AM	6
7	8	9 Romp & Rhyme 9 AM	10 Craft Blasts 10:30 AM	11  REMEMBRANCE DAY <i>Left We Forget</i>	12 Senior Social– Walking Group 9 AM to 11 AM Friday Funday Ninja, Nerf, Explosions Girls Day Out Knot your Typical Friday	13 Keep it Kind Contest Begins
14	15 Bullying Awareness Week Fit 4 Life Begins Fairy Herb Garden 1 PM	16 Romp & Rhyme 9 AM Nature Play 1:30 PM Lunch Circuits—Begins	17 Senior Connection Kit Deadline	18 Postnatal Wellness 10 AM Senior Social– Chair Yoga 2 PM Edson Light Up 6 PM	19 Senior Social– Walking Group 9 AM to 11 AM	20 Keep it Kind Contest Closes
21	22 Better Balance Begins Evening Cycle Begins Keep it Kind Contest Winners announced	23 Romp & Rhyme 9 AM Nature Play 1:30 PM	24 Sensory Play Box Launch	25 Postnatal Wellness 10 AM Senior Social– Chair Yoga 2 PM	26 Senior Social– Walking Group 9 AM to 11 AM	27
28	29	30 Romp & Rhyme 9 AM Nature Play 1:30 PM				



**HIGHLIGHT:**

Visit [Edson.ca/CDprograms](http://Edson.ca/CDprograms) for information & registration

- Check out [Edson.ca/leisureassist](http://Edson.ca/leisureassist) for fee assistance for upcoming programs
- Skate With Santa– December

