

VOLUNTEER HUB

UPCOMING INVOLVEMENT OPPORTUNITIES



WHAT'S INSIDE

Community Food Pantry

Bags of Books Volunteers

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Reasons to Volunteer

COMMUNITY FOOD PANTRY EDSON UNITED CHURCH IS LOOKING FOR...

A Community Food Pantry Organizer/co-manager. The position entails tasks such as organizing food on shelves, organizing food in storage, collecting food from stores and communicating with stores and the Food Bank. Edson United Church is looking for 3 volunteers to share this position so it doesn't overwhelm one person. This is a supportive to the community.

There is opportunity to learn about food security in Edson, support a great community outreach and grow your organization skills. It is a chance to be a part of something bigger than yourself and create lasting relationships with others. You must be 16+ to volunteer for this initiative and the involvement would be roughly 5-6 hours a week.

CONTACT:
Contact Reverend Kimberly Roy
780-728-7455



Edson
VOLUNTEER HUB 



ALBERTA HEALTH SERVICES EDSON CONTINUING CARE

Looking for Recreation Volunteers to help with the recreation department, one on one visits with residents, portering the residents to activities like men's group, gardening, knitting and different games. Your responsibilities will including pushing wheel chairs, assisting with the recreation department, visiting with residents and playing games.

The benefits of volunteering in this role are giving back to seniors and learning from them as they have lots of stories to share. Looking for volunteers ages 13+, time commitment depends on your availability.

Contact:

Michele Heathcote

780-725-6372 or email michele.heathcote@ahs.ca

EDSON AND DISTRICT COMMUNITY LEARNING

Help with the Bag of Books project! Tasks include photocopying, laminating, maintaining contents of the bags when they are returned, EDCLS is also looking for help with the Newborn Bags program, adding contents into the bags getting them ready for distribution, Volunteers must be ages 16+ and the commitment is about 1-2 hours or a couple of times a month.

Interested in helping out? Contact Josephine at josephine@edsonlearning.ca



WHY VOLUNTEER?

Evidence has proven that volunteering does wonders for your mind, body and spirit, while also giving you time away from the pressures of day to day life.

It makes a difference in your community and connects you to others.

It fits around your schedule. How much time you volunteer is up to you. Whether it's 45 minutes or a few hours, it all counts.