

USING PARKS & TRAILS SAFELY DURING COVID-19



2 METERS

Stay a minimum of **2 meters** away from others.

Step off trails to allow others to pass while maintaining a safe distance.



Share the trails and warn others of your presence with your voice or a bell or horn.



Be prepared for limited access to public restrooms and water fountains.



Follow Alberta Health's guidance on personal hygiene before visiting parks or trails.



Do not use parks and trails if you are sick.